Grow Pittsburgh Workshare Instructions and Application

What is a workshare?

- Grow Pittsburgh Workshare provides fresh, farm-grown produce in exchange for time worked with our Shiloh Farm and Frick Greenhouse team.
- Volunteers commit to at least 4 hours a week from April 27-November 1, helping with: preparing fields, plantings, cultivation, harvesting and packaging crops to be distributed in the communities surrounding our farms at farm stands, donations to local groups, and restaurant sales.
- Volunteers receive a weekly CSA share of our produce in exchange for 4 hours of help.
- Participants gain valuable experience working side by side with Grow Pittsburgh Farmers

Requirements?

- Must be 18 years or older (we have other opportunities for younger people)
- Volunteers must be prepared to work outside in all types of weather including heat and rain, where you’ll be on your feet and moving for hours at a time.
- Requires bending, kneeling, squatting, or lifting loads up to 40 lbs.
- Workshare opportunities are limited in number and require a contract to be signed in advance.

Schedule - Shifts wanted: (optimal times listed below)

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<thead>
<tr>
<th>Shiloh Farm, The Frick Greenhouse, and Garden Dreams</th>
<th>North Point Breeze and Wilkinsburg</th>
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<tbody>
<tr>
<td><strong>Tuesdays</strong></td>
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<td>9 am to 1 pm</td>
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<td><strong>Wednesdays</strong></td>
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<td>9 am to 1 pm</td>
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<td>10 am to 2 pm</td>
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What's Next?

- Complete and submit the application below by Wednesday, April 1 to Hanna@growpittsburgh.org or mail to:
  Grow Pittsburgh
  ATTN: Hanna Mosca
  6587 Hamilton Ave #2W
  Pittsburgh, PA 15206
Once your application is received, Grow Pittsburgh will contact you to confirm your information and to personally continue the application process.

Please send in applications before April 1st, 2020. Please note that workshares are popular and fill up fast!

Questions?

Contact Hanna Mosca, Frick Greenhouse and Shiloh Farm Manager, at Hanna@growpittsburgh.org or 412-545-3595.

Grow Pittsburgh Workshare Application

Name: ____________________________________________                  Date: ____________________________________________

Address (Street, City, Zip Code):
________________________________________________________________________________________________________________________________

Email: ____________________________________________                  Phone: ___________________________________________

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Please Rank your preference 1 to 3 (1 is best availability)</th>
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<tr>
<td>Tuesday</td>
<td>9 am to 1 pm</td>
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Why are you interested in a workshare at Grow Pittsburgh?
_______________________________________________________________________________________________________________________________________
_______________________________________________________________________________________________________________________________________
_______________________________________________________________________________________________________________________________________
_______________________________________________________________________________________________________________________________________

GrowPittsburgh.org
My signature confirms that I am committed to volunteering for at least 4 hours each week during the 2020 season (April 27 to November 1, 2020)

Signature: _____________________________________________________________