Grow Pittsburgh Workshare Instructions and Application

What is a workshare at Braddock Farms?

- Grow Pittsburgh Workshare provides fresh, farm-grown produce in exchange for your time working with our Braddock Farms team.
- Volunteers commit to a 4 hour work shift every week from April 27-November 1. Work may include: weeding fields, plantings, cultivation, harvesting and packaging crops to be distributed in the communities surrounding our farms at farm stands, donations to local groups, and restaurant sales.
- Volunteers receive a weekly box of our produce in exchange for a 4 hours work shift.
- Participants gain valuable experience working side by side with Grow Pittsburgh Farmers

Requirements?

- Must be 18 years or older (we have other opportunities for younger people)
- Volunteers must be prepared to work outside in all types of weather including heat and rain, where you’ll be on your feet and moving for hours at a time.
- Requires bending, kneeling, squatting, or lifting loads up to 40 lbs.
- Workshare opportunities are limited in number and require a contract to be signed in advance.
- Must commit to the whole season.

Schedule - Shifts available:

<table>
<thead>
<tr>
<th>Braddock Farms</th>
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<tbody>
<tr>
<td>1000 Braddock Ave, Braddock PA 15104</td>
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<tr>
<td><strong>Wednesdays</strong></td>
</tr>
<tr>
<td>9 am to 1 pm</td>
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<tr>
<td>10 am to 2 pm</td>
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<tr>
<td>2 pm to 6 pm</td>
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<tr>
<td><strong>Fridays</strong></td>
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<tr>
<td>9 am to 1 pm</td>
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<tr>
<td>10 am to 2 pm</td>
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</tbody>
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What’s Next?
• Complete and submit the application below to Nick@growpittsburgh.org or mail to:

Grow Pittsburgh
ATTN: Nick Lubecki
6587 Hamilton Ave #2W
Pittsburgh, PA 15206

• Once your application is received, Grow Pittsburgh will contact you for a short interview to talk more about logistics and answer any questions you may have.

• Please send in applications before April 1st, 2020. Please note that workshares are popular and fill up fast!

Questions?
Contact Nick Lubecki, Braddock Farms Manager, at Nick@growpittsburgh.org or 412-362-4769 ext 204.

Grow Pittsburgh Workshare Application

Name: ____________________________________________                  Date: ________________

Address (Street, City, Zip Code):
_________________________________________________________________________________________________________________________________

Email: ____________________________________________                  Phone: _________________________

<table>
<thead>
<tr>
<th>Time</th>
<th>Please rank your preference (1 being best and 5 meaning “unavailable”)</th>
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<tbody>
<tr>
<td>Wednesday 9 am to 1pm</td>
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<td>Wednesday 10 am to 2 pm</td>
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<td>Wednesday 2 pm to 6 pm</td>
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<tr>
<td>Friday 9 am to 1 pm</td>
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<td>Friday 10 am to 2 pm</td>
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Why are you interested in a workshare at Grow Pittsburgh?

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Do you plan on going on vacation this summer? (It’s ok, we just want a heads up about your plans. Please indicate approximate times you'll be unavailable.)

_______________________________________________________________________________________________________________________________________
_______________________________________________________________________________________________________________________________________

My signature confirms that I am committed to volunteering for a 4 hours shift each week during the 2020 season (April 27 to November 1, 2020)

Signature: ________________________________