



# Grow Pittsburgh Work Trade Instructions and Application

#### What is a workshare at Braddock Farms?

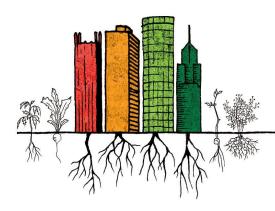
- Grow Pittsburgh Work trade provides fresh, farm-grown produce in exchange for your time working with our Braddock Farms team.
- Volunteers commit to a 4 hour work shift every week from June 7 October 27. Work may include: weeding
  fields, plantings, cultivation, working farm stand, and harvesting and packaging crops to be distributed in the
  communities surrounding our farms at farm stands. (see description in listing)
- Volunteers receive a weekly box of our produce in exchange for a 4 hours work shift.
- Participants gain valuable experience working side by side with Grow Pittsburgh Farmers

#### Requirements?

- Must be 18 years or older (we have other opportunities for younger people)
- Volunteers must be prepared to work outside in all types of weather including heat and rain, where you'll be on your feet and moving for hours at a time.
- Requires bending, kneeling, squatting, or lifting loads up to 40 lbs.
- Workshare opportunities are limited in number and require a contract to be signed in advance.
- Must commit to the whole season.

#### Schedule - Shifts available:

Indicate on a scale of 1 - 5 your interest in a shift. 5 means not available.	Braddock Farms 1000 Braddock Ave, Braddock PA 15104	
	Wednesday - Farm Stand & Gardening 3pm to 6:30pm (June - October)	
	Fridays - Farm Stand & Gardening 3pm to 6:30pm (June - October)	





### What's Next?

• Complete and submit the application below to <a href="Nick@growpittsburgh.org">Nick@growpittsburgh.org</a> or mail to:

Grow Pittsburgh ATTN: Nick Lubecki 6587 Hamilton Ave #2W Pittsburgh, PA 15206

- Once your application is received, Grow Pittsburgh will contact you for a short interview to talk more about logistics and answer any questions you may have.
- Please send in applications before April 15, 2023. *Please note that workshares are popular and fill up fast!*

## **Questions?**

Contact Nick Lubecki, Braddock Farms Manager, at Nick@growpittsburgh.org

	<b>Grow Pittsburgh Workshare Application</b>	
Name:	Date:	
Address (Street, City, Zip Code):		
Email:	Phone:	
Why are you interested in a works	share at Grow Pittsburgh?	





Do you plan on going on vacation this summer? (It's ok, we just want a heads up about your plans. Please indicate
approximate times you'll be unavailable.)
My signature confirms that I am committed to volunteering for a 4 hour shift each week during the 2022 season
(Start Date to October 27, 2023)
Signature: