Grow Pittsburgh Pre-Apprenticeship Instructions and Application

**What is the Pre-Apprenticeship at Braddock Farms?**

* The pre-apprenticeship is a program in partnership with Pasa Sustainable Agriculture for those who have little or no growing experience but are interested in exploring a farming career. Completing this pre-apprenticeship will give you the required experience to participate in [**Pasa's Diversified Vegetable Apprenticeship**](https://pasafarming.org/soil-institute/farmer-training-development/dva-home/), which provides paid intensive farmer training by pairing participants with farms with a proven track record and a farmer-led, expert-designed curriculum.
* The curriculum is based on the core duties and skills for Pasa’s vegetable farming apprenticeship program such as plant propagation, soil fertility, crop planning, harvest and post-harvest handling, and more. More details on the pre-apprenticeship can be found here: <https://pasafarming.org/soil-institute/farmer-training-development/diversified-vegetable-pre-apprenticeship/>
* Participants commit to at least 4 hours a week from April 10 - Nov 4, 2023. There are two categories of positions: Field work and Harvest. The idea is to switch in the second year to gain exposure to all aspects of the farm. This may involve helping with: preparing fields, plantings, cultivation, harvesting and packaging crops to be distributed in the communities surrounding our farms at farm stands.
* To graduate from the program, a pre-apprentice must complete **225 hours** of on-the-job training and **25 hours of related technical instruction**. Please note that this is a two year program. In order to complete the hours required for a pre-apprenticeship participants will need to complete a second season with Grow Pittsburgh.

**Benefits**

* Participants receive a **weekly CSA share** of our produce in exchange for 4 hours of help.
* Participants gain valuable experience working side by side with Grow Pittsburgh farmers: free admission to relevant Grow Pittsburgh and Pasa workshops and conferences, and membership to our [Garden Resource Center](https://www.growpittsburgh.org/garden-and-farm-resources/garden-resource-center/)

**Requirements?**

* Volunteers must be prepared to work outside in all types of weather including heat and rain, where you’ll be on your feet and moving for hours at a time.
* Requires bending, kneeling, squatting, or lifting loads up to 40 lbs.
* Pre-apprenticeship opportunities are limited in number and require a contract to be signed in advance.
* Must commit to the whole season.

**Schedule -** Shifts available:

| **Indicate on a scale of 1 - 5 your interest in a shift. 5 means not available.** | **Braddock Farms**  **1000 Braddock Ave, Braddock PA 15104** |
| --- | --- |
|  | Field Work - Tuesday  9am to 1pm *(starts April 10)* |
|  | Field Work - Thursday  9am to 1pm *(starts April 10)* |
|  | Harvest - Wednesday  9am to 1pm *(starts May 10)* |

**What’s Next?**

* Complete and submit the application below to [Nick@growpittsburgh.org](mailto:nick@growpittsburgh.org) or mail to:

Grow Pittsburgh

ATTN: Nick Lubecki

6587 Hamilton Ave #2W

Pittsburgh, PA 15206

* Once your application is received, Grow Pittsburgh will contact you for a short interview to talk more about logistics and answer any questions you may have.
* Please send in applications before March 25th.

**Questions?**

**Contact Nick Lubecki, Braddock Farms Manager, at** [**Nick@growpittsburgh.org**](mailto:nick@growpittsburgh.org)

**Grow Pittsburgh Workshare Application**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address (Street, City, Zip Code):

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Why are you interested in a pre-apprenticeship at Grow Pittsburgh? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Do you plan on going on vacation this summer? (It’s ok, we just want a heads up about your plans. Please indicate approximate times you’ll be unavailable.)

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My signature confirms that I am committed to volunteering for a 4 hour shift each week during the 2022 season (April 4,2022 to November 4, 2022)

**Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**